# BRIEFING: RELAYS STEFANIK URBAN TRAIL 2025

# 1. INTRO

Hello runners, welcome to the STEFANIK URBAN TRAIL.

Remember – the race is not just about time, but especially about a positive experience, fairness and respect for nature, volunteers and each other.

# 2. SCHEDULE & LOGISTICS

The start of the race is 8.11. at 08:00. Please stand in the starting corridor at least 10 minutes before the start, i.e. 07:50.

The time limit (cut-off) at the finish in EUROVEA is set at 11 hours, i.e. 19:00. Time limits at the exchange stations:

RELAY CHANGE\_1 (12. km) – Dúbravská hlavica by 11:00 at the latest

RELAY CHANGE\_2 (23. km) – Líščie údolie (SNP park) by 13:00 at the latest

RELAY CHANGE\_3 (38. km) - HS Lanovky (Kamzík) by 16:00 at the latest

After these cut off times, it will no longer be possible to continue the race.

The presentation and collection of start numbers will take place at the DECATHLON EUROVEA store on November 4-6, 2025, always from 4:00 PM to 8:00 PM. On Friday, November 7, start numbers WILL NOT be issued. The last opportunity to present and collect bib numbers is at the Culture House in the Devín Municipal District on November 8, 2025, from 5:30 AM to 7:30 AM. After 7:30 AM, they will no longer be issued before the start. Volunteers fulfill other important security roles in the Devín Municipal District after 7:30 AM in cooperation with the City Police. Those who miss the collection of numbers by Saturday, November 8, by 7:30 AM at the start will be served only after the official start and will start with a delay.

Toilets are available at the start.

**Parking is ONLY possible in the large parking lot under Devin Castle** near the Hradná brána hotel (48.1751161N, 16.9791019E) outside the cone-marked crossing for runners and NW.

Parking at the start: ONLY HERE! 48.1751161N, 16.9791019E

**Storage:** Relay teams do not have a storage room for personal belongings at the start or a service for transferring belongings to the finish line.

**RELAY EXCHANGE\_01 Dúbravská hlavica:** ONLY HERE! 48.1843308N, 17.0149567E or only according to the instructions of the parking service volunteers! The parking service allows parking and lines up only cars marked with a sticker on the front hood of the vehicle! The stickers are easily removable and do not damage the paint on the **car.** 

**RELAY EXCHANGE\_2 Líščie údolie:** ONLY HERE! 48.1691314N, 17.0507481E, in case of crisis 48.1722319N, 17.0499256E, or 48.1728186N, 17.0498719E, or 48.1735467N, 17.0497681E

**Parking at RELAY EXCHANGE\_3 Kamzík: ONLY HERE!** In the permitted adjacent parking lots, NOT at the upper cable car station, parking there is PROHIBITED and vehicles will be fined by the city police, 48.1815906N, 17.0977769E, or 48.1835297N, 17.0956011E, or 48.1828833N, 17.0947006E, or 48.1847422N, 17.0948881E, in case of crisis 48.1778781N, 17.0976753E or 48.1762531N, 17.0994989E with time slip

Parking destination EUROVEA: in OC EUROVEA, 48.1409142N, 17.1208564E

# 3. THE COURSE

We have a 52 km long route with a total climb of 1540 m.

The most difficult sections are:

- 1. A short technical approx. 100 m descent to the White Rocks on the section between 10 and 11 km, very wet, slippery, covered with leaves (+ slippery tree roots).
- 2. A short steep approx. 200 m descent, between 12 and 13 km, can be wet, muddy, covered with slippery leaves.
- 3. A short steeper approx. 50 m descent on approx. between 16 and 17 km, can be wet with stones and roots, covered with slippery leaves.
- 4. Road section at the exit and behind the exit to Polianky towards Dúbravská cesta keep to the right of the bike lane, or later behind the curb on the trail surface off the road. Cross to the other side of the road only at pedestrian crossings and then continue only on the pedestrian sidewalk. Section approximately between the 25th and 27th kilometers. ATTENTION! This section may be changed with much simpler conditions before the start. Any change will be made not only by markings but also by additional deployment of volunteer coordinators. We will inform you of the current version before the start.
- 5. Make all short crossings over the road only at pedestrian crossings! However, the vast majority are led by above-level pedestrian bridges or underpasses.
- 6. Respect the rules of road traffic wherever the situation requires it. Especially in the final section of the track behind RELAY EXCHANGE\_3.

Be extra careful at the mentioned places!

Secret controls: There will be several secret controls on the route with live personnel who will control the passage of selected points of the route and may also check the mandatory equipment of the runner. The organizer will intentionally not report either the number or their location. Some live controls may even move in time. STEFANIK TRAIL is known for its uncompromising approach to non-compliance with the rules, which are intended to bring SAFETY and FAIR-PLAY to the event. Filing a protest and providing evidence (photos of

the offenders or more than 2 witness statements) is not a report, but an effort to keep our community at a high level of mutual respect. File a protest in accordance with the rules listed on the event website...

The markings are marked with red and white ribbons (the entire route), critical points for changing direction will also be marked with pink flags, urban sections will also be marked (especially after RELA EXCHANGE\_3) with a combination of the aforementioned red and white ribbons and yellow arrows from 3M glued directly to the ground (asphalt), which are reflective at night. The route runs almost exclusively on sidewalks, not on the road. Forest sections may also have reinforced markings in the form of arrows made of flour, or by spraying pink spray (only on clay, not on asphalt).

If you do not see a sign for longer than [2-3 minutes], go back to the last one you saw and look for its continuation. Be sure to download the route to your phone or other navigation device.

# 4. RELAY EXCHANGE STATIONS (RES)

There are 3 RES-s waiting for you on the course – at the 12th, 23rd and 38th kilometer.

Throw away your trash only at the refreshment stand or take it with you. The race is without disposable cups, everyone must have their own cup or wide-necked running bottle.

**Instructions and orders from volunteers:** Volunteers have come to help you and make your big day. Together, we all have a responsibility for the smooth and safe running of the race. Failure to respect the instructions, orders and warnings of the organizer is punishable by immediate exclusion of the competitor or the entire team. Arrogant behavior towards volunteers is a reason for exclusion.

#### 5. SAFETY

**Mandatory equipment:** bib number always placed in a visible place on the front of the body, charged mobile phone at all times, always rescue isothermal foil, own cup always, headlamp (checked on the route from 17:30). Checks can take place at the start or during the race.

**Recommended equipment:** running poles, adequate clothing for the current weather, minimum 0.5 liters of water, 20 EUR in cash - permission to buy refreshments outside the refreshment stations, recorded GPX route in running watch or in the application on mobile phone.

In case of an accident or emergency, call the emergency rescue service on 0944 936 929, 112 or contact the nearest runner/volunteer. If you see an injured runner, it is your duty to stop and help.

#### 6. RULES AND FAIR PLAY

- No external assistance from another person outside the elementary school stations is allowed.
- Do not use shortcuts, stick to the markings.
- Do not leave any garbage on the course.
- Helping your opponent is mandatory.
- Violation of the rules may lead to a penalty or disqualification.
- Arrogance towards volunteers is punished by immediate exclusion

Read all the rules, penalties and how to submit a protest at <a href="https://sut.stefaniktrail.sk/ultramaraton/">https://sut.stefaniktrail.sk/ultramaraton/</a>. Ignorance of them does not excuse you. We all need fair and safe races.

# 7. FINISH LINE SERVICES

The finish line is located on the square in EUROVEA under the statue of M.R. Štefánik. You will be provided with light refreshments, charity tea/non-alcoholic punch/mulled wine, toilets in the EUROVEA shopping center building, a medal, a SUT merch stand, sale of raffle tickets for charity and the announcement of results at 3:00 PM in the large ALITER TECHNOLOGIES tent. The raffle will be announced between 6:00 PM and 7:00 PM.

# 8. Q&A

Please send us your questions to martin.urbanik@gmail.com no later than 06.11.2025 by 21:00. We will send the answers by e-mail to those who asked by 7.11.2025.

ATTENTION, we will only answer those questions whose answers are not included in this written briefing or the content of the stefaniktrail.sk website. EVERY registered racer confirmed upon registration that they have read the entire website carefully and understand its entire content. Start looking for questions to your answers there.

# 9. CONCLUSION

Thank you all for trusting us and joining us. Enjoy the course, respect nature and the people around you, and may everyone bring their own personal sense of victory to the finish line.

WE'LL SEE YOU AT THE START AND THE FINISH!